



MONTHLY ROUTINE ORDERS
Issued under the authority of
Lieutenant (N) S. Sunger
Commanding Officer

201 RCSCC GRILSE
MRO No. 7

TY 2023-2024

Port Moody BC
1 Mar 2024

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The following is a list of contents of Routine Order No. 7 effect Mar 2024

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PART I - ADMINISTRATION

1. Daily Routine (In Person):

1815	Duty Division and Duty staff report, Head to Stores
1830	Liberty expires, all hands report
1840	Entire ship's Company falls in, attendance taken
1845	Parade begins; Quarterdeck party close up, division inspections
1900	Colours
1905	Hands to Classes – Training Period 1
1935	Hands to Classes – Training Period 2
2005	Stand Easy
2020	Hands to Classes – Training Period 3
2050	Secure - Ship's Company fall in
2100	Sunset
2115	Ship's Husbandry, Liberty Boats

2. Duty Roster

a. Port Moody

DATE	OOD	2OOD/ COVID O	CHOD	POOD	DUTY WATCH
6-Mar	Lt(N) Lung	ASlt Bunt	CPO2 Lim, Jimin	PO1 Dumitrascu, Vlad	Victoria
13-Mar	ASlt Bunt	Lt(N) Lung	CPO2 Choi, Lauren	PO1 Sheng, Ethan	Victoria

b. Burnaby

DATE	OOD	CHOD	POOD	DUTY WATCH
6-Mar	Capt Palmer			N/A
13-Mar	N/A			N/A

c. On Loan from Port Moody to Burnaby

DATE	STAFF		
6-Mar	PO1 Hassa		
	CPO2 Kim		
13-Mar	N/A		

PART II – TRAINING

1. Regular Mandatory Training (NOTE: Cadets without full uniforms will wear white collared shirt, black pants, black shoes/dress shoes)

a. Port Moody (Parental pickup must be at OLD MILL BOATHOUSE LHQ, NOT AT SUPPLY/STORES)

Date	Activity	Officer Dress	Cadet Dress	Location
6-Mar	Mandatory Training Night	3B	C5	In person – Old Mill Boathouse
13-Mar	Mandatory Training Night	3B	STU	In person – Old Mill Boathouse

b. Burnaby

Date	Activity	Officer Dress	Cadet Dress	Location
6-Mar	Mandatory Training Night	3B	C5	In person – Royal Canadian Legion 83
13-Mar	Mandatory Training Night	3B	STU	In person – Old Mill Boathouse

2. Mandatory Weekend and/or Optional Training (Both locations):

Date	Event	Time	Location	Action(s)
Monday Evenings	Marksmanship training	18:30 – 21:00	Cadet Hall, Esplanade Ave, Port Moody	Sign up REQUIRED, please see PO1 Jamie Sheng for sign up and try outs for marksmanship team.
Thursday Evenings	Band Practice	19:00 – 21:00	Cadet Hall, Esplanade Ave, Port Moody	For band members who have officially signed up
Saturday Mornings	Drill Practice	09:00 – 12:00	Cadet Hall, Esplanade Ave, Port Moody	For drill team members who have officially signed up (Need more members!)

PART III – PERSONNEL

1. **Officers:**

- a. TOS: N/A
- b. SOS: N/A
- c. Appointments:

2. **Cadets:**

- a. TOS: n/a
- b. Appointments: n/a

PART IV - NOTICES AND ORDERS

1. **CO's Message**

2. **Announcements:**

- a) non-Medical Masks remain optional wear for all Cadets and adult staff.
 - b) please familiarize yourself with www.rcscgrilse.com for regular updates and notices as well as <https://www.facebook.com/201GRILSE>.
 - c) **Drop off and Pick up:** All cadets are required to be picked up from the Old Mill Boathouse and are not authorized for pick up from Rocky Point Park. As we enter the winter months, the daylight hours shorten and for cadet safety we want to ensure that cadets are picked up from a lit parking area and are not walking in the park alone. There have been numerous sightings of Coyotes in the area and we always have cadets walking in pairs when going to and from our supply location.
3. **Question of the Month** (first junior cadet (MC or below) to answer this question correctly to the CO will be awarded points for their division)

Q. What does it mean "to go as the crow flies?"

S. Sunger
Lieutenant (Navy)
Commanding Officer
RCSCC GRILSE