



# MONTHLY ROUTINE ORDERS

*Issued under the authority of*  
**Lieutenant (N) S. Sunger**  
**Commanding Officer**

**201 RCSCC GRILSE**

**MRO No. 5**

**TY 2025-2026**

**Port Moody BC**

**1 January 2026**

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The following is a list of contents of Routine Order No. 5 in effect January 2026.

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## PART I – LAND ACKNOWLEDGEMENT

1. *We carry out our training on the ancestral and unceded homelands of the kwikwəłəm (Kwkwetlem), səllwətał (Tsleil-Waututh), xʷməθkʷəyəm (Musqueam), Skwxwú7mesh (Squamish), q̓icəy̓ (Katzie), q'wa:ḥ̓ λ'ən̓ (Kwantlen), qiqéyt (Qayqayt), and Stó:lō (Sto:lo) Peoples, and extend appreciation for the opportunity to conduct training on this territory.*

## PART II - ADMINISTRATION

### 1. Daily Routine (In Person):

1815	Duty Division and Duty staff report, Head to Stores
1830	Liberty expires, all hands report
1840	Entire ship's Company falls in, attendance taken
1845	Parade begins; Quarterdeck party close up, division inspections
1900	Colours
1905	Hands to Classes – Training Period 1
1935	Hands to Classes – Training Period 2
2005	Stand Easy
2020	Hands to Classes – Training Period 3
2050	Secure - Ship's Company fall in
2100	Sunset
2115	Ship's Husbandry, Liberty Boats

### 2. Duty Roster

DATE	OOD	2OOD/ COVID O	CHOOD	POOD	DUTY WATCH
7-Jan	Lt(N) Lung	CV Min	CPO2 Hu	PO1 Park, G	Chicoutimi
14-Jan	A/SLt Bunt	CI Moiseyenko	CPO2 Sun	PO1 Coutinho dos Santos Dantas	Chicoutimi
21-Jan	Lt(N) Parent	CI Harrop	CPO2 Hu	PO2 Tsui	Chicoutimi
28-Jan	A/SLt Bunt	CV Min	CPO2 Sun	PO1 Sun	Chicoutimi

### **PART III – TRAINING**

1. **Regular Mandatory Training (NOTE: Cadets without full uniforms will wear white collared shirt, black pants, black shoes/dress shoes). Parental pickup must be at OLD MILL BOATHOUSE LHQ, NOT AT SUPPLY/STORES)**

Date	Activity	Officer Dress	Cadet Dress	Location
7-Jan	Mandatory Training Night	NECU	C5	Old Mill Boathouse
14-Jan	Mandatory Training Night	NECU	C5	Pleasantide Elementary
21-Jan	Change of Command + CTC Information Night	No. 1	C1	Pleasantide Elementary, parents encouraged to attend for CTC information
28-Jan	Mandatory Training Night	NECU	C5	Old Mill Boathouse

2. **Mandatory Weekend and/or Optional Training (Both locations):**

Date	Event	Time	Location	Action(s)
8-Jan	Band Practice	1900-2100	Como Lake Middle School – Music Room	Open to new and existing band cadets
8-Jan	Marksmanship Practice	1830-2100	Cadet Hall	Sign-up required, please see PO1 Nguyen
15-Jan	Band Practice	1900-2100	Como Lake Middle School – Music Room	Open to new and existing band cadets
15-Jan	Marksmanship Practice	1830-2100	Cadet Hall	Sign-up required, please see PO1 Nguyen
17-Jan	Virtual Reality Experience	TBA	TBA	Open to all cadets
22-Jan	Band Practice	1900-2100	Como Lake Middle School – Music Room	Open to new and existing band cadets
22-Jan	Marksmanship Practice	1830-2100	Cadet Hall	Sign-up required, please see PO1 Nguyen
29-Jan	Band Practice	1900-2100	Como Lake Middle School – Music Room	Open to new and existing band cadets

### **PART IV – PERSONNEL**

1. **Officers:**

- a. **TOS:**
  - i. N/A
- b. **SOS:**
  - i. N/A

**c. Appointments:**

- i. Commanding Officer – Lt(N) Sunger
- ii. Executive Officer – Lt(N) Parent, M
- iii. Training Officer – Lt(N) Lung
- iv. Administration Officer – Lt(N) Parent, H
- v. Communications Officer : NCdt Bunt
- vi. Assistant Training Officers: CI Harrop & CI Moiseyenko
- vii. Supply Officer: CV Min

**2. Cadets:**

**a. TOS:**

- i. N/A

**b. SOS:**

- i. OC Lee, Anna
- ii. OC McKinnon

**c. Appointments:**

- i. Coxswain – CPO2 Li
- ii. Regulating Petty Officer (RPO) – PO1 Nguyen
- iii. Training Chief – CPO2 Hu
- iv. Officer Liaison & Communication Chief – CPO1 Sun
- v. Boatswain Mate and Training Petty Officer – PO1 Park, A
- vi. Drum Major – PO1 Sun
- vii. Gunner – PO1 Tsui
- viii. Training & Standards Petty Officer - PO1 Park, V
- ix. Gunner & Cadet Correspondence – PO1 Calabresi
- x. Supply Petty Officer & Cadet Correspondence – PO1 Dantas
- xi. Supply Petty Officer – PO1 Kim
- xii. Chicoutimi Divisional Petty Officer (DPO) – PO2 Kalavrezi
- xiii. Chicoutimi Second-in-Command (2IC) – PO2 Viloso
- xiv. Victoria DPO – PO2 Shi-An
- xv. Victoria 2IC – PO2 Sul
- xvi. Windsor DPO – PO2 Dragan
- xvii. Windsor 2IC – PO2 Robinson
- xviii. Onondaga DPO – PO2 Liu
- xix. Onondaga 2IC – PO2 Park, H
- xx. Ojibwa (Band) DPO – PO2 Reznik
- xxi. Okanagan (Guard) DPO – PO2 Yoo
- xxii. Okanagan 2IC – PO2 Chen

**PART V - NOTICES AND ORDERS**

**1. CO's Message**

Welcome back and Happy 2026. In the 4 months that I have been with GRILSE I have learnt a lot about the Corps and I am thrilled to be taking over command later this month. This will be my 4<sup>th</sup> time being the Commanding Officer of a Corps and I am looking forward to the challenge before me. To the cadets please keep in mind that summer training applications will soon be due, the training available to you in the summer can be a very valuable learning experience and will serve you well as you advance in the Corps. To the Senior Cadets, please take time to consider applying for a Staff Cadet position. The learning that can be accomplished being a staff cadet can be so valuable to you and to the Corps.

## 2. Announcements:

- a) non-Medical Masks remain optional wear for all Cadets and adult staff.
- b) please familiarize yourself with [www.rcscgrilse.com](http://www.rcscgrilse.com) for regular updates and notices as well as <https://www.facebook.com/201GRILSE>.
- c) Cadets are reminded that if they are seeking new uniform parts you must fill out the Stores request form and submit it to Stores. If you are waiting for new uniform parts please be patient as our supplier is very back logged and we will issue the new uniforms as they come in.
- c) Please ensure you have access to your Cadet365 account. Activity sign up, announcements, Monthly Routine Orders (MROs) and communications will all flow through Cadet365 and SharePoint.
- d) **Drop off and Pick up:** All cadets are required to be picked up from the Old Mill Boathouse and are not authorized for pick up from Rocky Point Park. As we enter the winter months, the daylight hours shorten and for cadet safety we want to ensure that cadets are picked up from a lit parking area and are not walking in the park alone. There have been numerous sightings of Coyotes in the area and we always have cadets walking in pairs when going to and from our supply location.

M. Parent  
Lieutenant (Navy)  
Executive Officer  
RCSCC GRILSE